

Stevens Community Medical Center

400 E 1st Street , PO Box 660

Morris, MN 56267

EXAMPLE: This item is currently in use at another hospital and is included in this packet for your consideration as you assess needs for a similar document at your facility.

CHF Admission Orders

Admit: **Inpatient** **Extended ER** **ICU** **Dr.** _____

Diagnosis: CHF, _____

NYHA Class I II III IV (See back for reference)

Allergies: NKDA, or _____

1) Condition: Stable Fair Serious Critical

2) Code Status: Full Code DNR/DNI Other _____

3) ICU with Cardiac Monitor, BP, Resp, O₂ sat **OR** Med/Surg with Telemetry, Routine VS, O₂ sat q shift

4) Oxygen: 2 - 4 L/min per nasal cannula prn O₂ sat ≤ 94%; Call MD if > 4 LPM required or if resp rate > 26.

5) Activity: Up ad lib Bedrest Other _____
If bedrest, consider DVT prophylaxis

6) Diet: 2 gm sodium/low cholesterol ADA 1800 cal Other _____

7) Glucometer qid

8) Daily weight in lbs. I&O

9) Copy of most recent Echocardiogram, Cardiac Cath report, EKG in front of chart.

10) EKG on admission to ER or hospital

11) Echocardiogram

12) Chest x-ray PA and Lat Portable already done

13) Labs: CBC Mg UA _____

 CMP Dig Level Other _____

 PT BMP _____

 PTT Fasting Lipid _____

EKG/Cardiac Triage Labs now _____hr _____hr AM

14) IV Saline lock, flush q 12h and after each med

15) Please confirm and list home meds.

16) Medications:

 Diuretic _____, call if U/O less than 500 ml in 4hr

 ACE Inhibitor _____ Hold if Systolic BP <100, Hold if K > 5.4, Cr >2.0

 If ACEI intolerant, then Angiotensin II receptor Blocker _____

 ACEI/ARB contraindicated

 B Blocker, if on prior to admission _____

 B Blocker contraindicated

 Spironolactone 25 mg po qd

 Digoxin _____

 ASA 325 mg po qd, ASA 81 mg, tabs 4 chewable, if chest pain or Hx of CAD

 NTG 0.4 mg SL prn chest pain and severe SOB

 Morphine 1-4 mg IV prn chest pain and severe SOB Other _____

 Zofran 4 mg IV q 4h prn nausea _____

 Nicotine Patch 14 mg qd if smoker _____

17) Comfort meds: Benadryl 25-50mg po/IV hs prn sleep Docusate 100mg po qd prn MOM 30cc prn

Tylenol 650mg po q6h prn

Maalox 30cc prn

18) CHF Education Team consult (contact Pharmacy)

Physician Signature

Routing: white – Inpatient chart, yellow – Pharmacy

Date

Nsg72 (4/01) rev 12/01

THE NEW YORK HEART ASSOCIATION (NYHA) CLASSIFICATION

- Class I:** Cardiac disease without resulting limitations of physical activity;
- Class II:** Slight limitation of physical activity – comfortable at rest, but ordinary physical activity results in fatigue, palpitation, dyspnea, or anginal pain;
- Class III:** Marked limitation in physical activity – comfortable at rest, but less than ordinary physical activity causes fatigue, palpitation, dyspnea, or anginal pain;
- Class IV:** Inability to carry on any physical activity without discomfort or symptoms at rest.